



Center Forward holding position and being patient

Category: Functional: Striker

Difficulty: Beginner

Am-Club: Savannah United

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Description

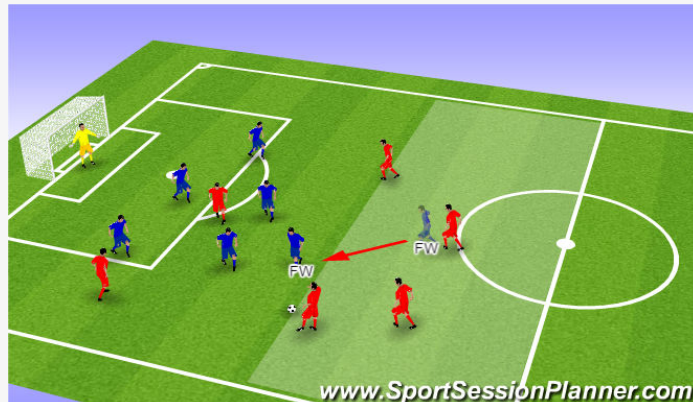
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Forward Position (Bad Example)

7v7 Example - Wrong Decision

Blue forward (FW) drops back to try and win the ball, but now there is no forward pass available and the field is very compact because the Red team can press higher. If Blue regains the ball we can only...

- * Pass sideways
- * Pass Backwards
- * Dribble forwards
- * Clear the ball forwards and lose possession



Forward Position (Good Example)

In this example the Blue forward stays high and occupies 2 Red defenders helping create more space in the middle of the field. The Blue team intercepts the ball and immediately plays into the Blue forward who then plays it wide into the run of the oncoming left midfielder creating a 2v2 counter attack.

